

Public health is a field of study promoting broadly understood health prevention and education of society. The practical profile of education in the field allows you to gain competences in monitoring the health situation of the population of people of different ages, creating and implementing programs related to health prevention, as well as organizing care and psychosocial rehabilitation of people with special needs.

Our graduates acquire the medical profession of "prophylactic". They know the pro-health elements of lifestyle, are able to recognize factors that threaten human health and life, develop and implement health programs for people of all ages. Studies in the field of public health are interdisciplinary in nature, as students acquire knowledge and skills in the field of social sciences, medical sciences, physical culture sciences and health sciences, exploring issues from such fields as: medicine, management, economics, psychology, sociology, health policy, dietetics.

The offer includes:

first-cycle studies (bachelor's),

second-cycle studies (master's).

Public health classes are conducted by professionally trained teaching and research staff. We create opportunities for creative pursuit of interests, passions and all activities aimed at undertaking future projects to improve the health of society.

Classes are also held in the sports hall on the premises of the University and in the Human Structural and Functional Research Centre equipped with the most modern measuring equipment.

While studying, you can simultaneously develop your interests and passions in various sports sections and scientific clubs, take part in additional free specialist training, and also go abroad to study under the Erasmus+ programme.

The Health Promoters Scientific Club is engaged in disseminating knowledge about health promotion, contemporary health threats and shaping motivation to lead a healthy lifestyle and taking action for the health of society.

After completing their studies, graduates have the competences to hold executive positions and perform various functions related to prevention and health protection, including:

- in the scope of management and prevention in healthcare facilities,
- in sanitary and epidemiological supervision,
- in institutions working for the protection of the natural environment,
- in governmental and non-governmental organizations,
- in the media (health promotion, health education),

- in the scope of implementation of programs financed from EU funds,
- in day care facilities, sanatoriums and health resorts, etc.